



HANYANG UNIVERSITY

2018 HISS Syllabus

[Adulthood and Aging]

Professor:	Matthew F. Komelski
E-mail:	komelski@vt.edu
Home Univ.:	Virginia Tech
Dept.:	Human Development

Description:	This course examines the lifespan development and stages of adulthood from young adulthood through the end of life, including attention to understanding normative and non-normative changes, optimal aging and wellbeing. Special attention also given to aging and adult life in the Korean context.
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Objective:	<ul style="list-style-type: none"> • Review relevant theories of development, optimal aging and wellbeing • Look at global aging issues and demographic knowledge • Identify typical and atypical developmental trajectories and role changes • Consider various influences on adult development and wellbeing, such as financial and educational resources and culture. • Explore South Korean adulthood and consider the similarities and differences between adult life in Korea and adult life in students' home countries.
Preparations:	<p>Textbook: Course Packet Provided by Instructor</p> <p>Other materials: MUST HAVE Laptop or notebook computer for digital in-class assignments.</p>

Schedule:	Week 1	<ul style="list-style-type: none"> • Course Overview and Policies • Lifespan Development Theories and Concepts • Demographics, Stages of Life and Cohort Effects
	Week 2	<ul style="list-style-type: none"> • Identity and Social Development • Relationships in Adulthood • Work, education and leisure • Midterm exam
	Week 3	<ul style="list-style-type: none"> • Physical aging processes and age-related diseases • Memory & cognitive function • Dementia • Universal design & late-life living arrangements
	Week 4	<ul style="list-style-type: none"> • End of life issues • Optimal & healthy aging • Team Presentations • Final Exam

Evaluation:	Midterm (30%)	Final (30%)	Participation (20%)	Final Project (20%)
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Hanyang International Summer School

Office of International Affairs, Hanyang University
 222 Wangsimni-ro, Seongdong-gu, Seoul, 04763, Korea
 Tel. +82-2-2220-2456 | iss@hanyang.ac.kr