



# HANYANG UNIVERSITY

## 2019 HISS Syllabus (Adulthood and Aging)

Professor: **Matthew F. Komelski**  
E-mail: komelski@vt.edu  
Home Univ.: Virginia Tech  
Dept.: Human Development

Description: This course examines the lifespan development and stages of adulthood from young adulthood through the end of life, including attention to understanding normative and non-normative changes, optimal aging and wellbeing. Special attention will also be given to aging and adult life in the Korean context.

- Objectives:
- Review relevant theories of development, optimal aging and wellbeing
  - Look at global aging issues and demographic knowledge
  - Identify typical and a-typical developmental trajectories and role changes
  - Consider various influences the adult development and wellbeing, such as financial and educational resources and culture.
  - Explore South Korean adulthood and consider the similarities and differences between adult life in Korea and adult life in students' home countries.

Preparations: Textbook: Course Packet Provided by Instructor  
Other materials: MUST HAVE Laptop or notebook computer for digital in class assignments

Week	Topics
Week 1	<ul style="list-style-type: none"><li>• Course Overview and Policies</li><li>• Lifespan Development Theories and Concepts</li><li>• Demographics, Stages of Life and Cohort Effects</li></ul>
Week 2	<ul style="list-style-type: none"><li>• Identity and Social Development</li><li>• Relationships in Adulthood</li><li>• Work, education and leisure in Societies</li><li>• Adult Life in Korea</li></ul>
Week 3	<ul style="list-style-type: none"><li>• Midterm exam</li><li>• Physical aging processes and age-related diseases</li><li>• Memory &amp; cognitive function</li><li>• Dementia</li></ul>
Week 4	<ul style="list-style-type: none"><li>• Life satisfaction &amp; happiness</li><li>• Optimal &amp; healthy aging</li><li>• Team Presentations</li><li>• Final Exam</li></ul>

### Hanyang International Summer School

Office of International Affairs, Hanyang University  
222 Wangsimni-ro, Seongdong-gu, Seoul, 04763, Korea  
Tel. +82-2-2220-2456 | [iss@hanyang.ac.kr](mailto:iss@hanyang.ac.kr)



Evaluation:	Midterm (%)	Final (%)	Assignments (%)	Participation (%)	Final Project (%)
	20	20	20	20	20